May, 2012

This month is: Older Americans Month; Healthy Vision Month; National Smile Month; National Correct Posture Month; Gifts from the Garden Month; Better Sleep Month; National Barbecue Month; National Mental Health Month; National Postcard Month; National Military Appreciation Month; National Salad Month; National Osteoporosis Awareness & Prevention Month.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Helen H. Birthday No Morning Exercise 10:30 am Dog Visits with Karen 1:30 pm Movie & Snack 2 pm Hand & Foot Card Game	2 10 am Exercise 10:30 am News & Views 1 pm Spelling Bee Challenge 1:30-3:30 pm Bingo	3 10 am Exercise 10:30 am Headlines 12 noon Outside Walk 2 pm Foam Art Projects 3 pm Uno and Yahtzee	4 10 am Exercise 10:30 am Group Choice 1 pm Trivia 1:30-3:30 pm Bingo	5
6 2 pm Prepare for Church 2:30 pm Church Begins	7 10 am Exercise 10:30 am What's Missing? 1 pm Trivia 1:30-3:30 pm Bingo	8 10 am Sit Down & Tone Up 10:30 am Dog Visits with Karen 1:30 pm Movie & Snack 2 pm Hand & Foot Card Game	9 Neoma W. Birthday No Morning Exercise 11 am Catholic Mass 1 pm Mind Puzzles 1:30-3:30 pm Bingo	10 10-11 am Exercise & News 12 noon Outside Walk 1:30 pm Nails by Dianne ***2:30 pm Monthly Birthday Party with Ziggy & the Band***	11 No Morning Exercises 10 am Art Links NO BINGO TODAY 2 pm Afternoon Exercise 3 pm Mother's Day Preparation	12
13 MOTHER'S DAY 9 am—2 pm Brunch 2 pm Prepare for Church 2:30 pm Church Begins	14 10 am Exercise 10:30 am Meditation 1 pm Pre-Bingo Stretch & Move 1:30-3:30 pm Bingo	15 10 am Sit Down & Tone Up 10:30 am Dog Visits with Karen 1:30 pm Movie & Snack 2 pm Hand & Foot Card Game	16 10 am Exercise 10:30 am News & Views 1 pm Brain Builder Trivia 1:30-3:30 pm Bingo	17 10 am Stretch & Tone 10:30 am Headlines 12 noon Outside Walk 1:30 pm Nails by Dianne 2 pm Imagination Vacation	18 10 am Exercise 10:30 am News & Views 1 pm Group Choice 1:30-3:30 pm Bingo	19
20 2 pm Prepare for Church 2:30 pm Church Begins	21 10 am Exercise 10:30 am Group Yahtzee 12:30 pm Resident's Council 1:30-3:30 pm Bingo	22 10 am Sit Down & Tone Up 10:30 am Dog Visits with Karen 1:30 pm Movie & Snack 2 pm Hand & Foot Card Game	23 10 am Exercise 10:30 am Headlines 1 pm Brain Builder Trivia 1:30-3:30 pm Bingo	24 10 am Chair Yoga 10:30 am Relaxation 12 noon Outside Walk 2-3 pm Red Hat Society 1st mtg 3:30-4:30 pm Bingo store	25 No Morning Exercises 10 am Art Links 1 pm Music Appreciation 1:30-3:30 pm Bingo	26
27 2 pm Prepare for Church 2:30 pm Church Begins	28 MEMORIAL DAY Office Closed *Thank you to all of our veterans!* 	29 10 am Sit & Tone Up 10:30 am Dog Visits with Karen 1:30 pm Movie & Snack 2 pm Hand & Foot Card Game	30 10 am Exercise 10:30 am Headlines 1 pm Brain Builder Trivia 1:30-3:30 pm Bingo	31 Grant J. Birthday 10-11 am Exercise & News 12 noon Outside Walk 1:30 pm Nails by Dianne 2:30 pm Food Forum	JUNE 1 ***Mark your Calendars for Marlow Manor's 13th Anniversary Party!!! 4-7 pm More details to follow.***	