MARCH 2019

Birthstone: Bloodstone (Courage)
Flowers: Jonquil (or Daffodil)
Colors: White

Zodiac Signs
Pisces: Feb. 19th to Mar. 20th
Aries: Mar. 21st to Apr. 19th

This Months Observances
♦Irish-American Heritage Month, Peanut and Pothole Month
♦Spiritual Wellness, Strolling Into Spring and Optimism Month
♦March is Red Cross and National CRAFT Month
"I craft so hard, I sweat glitter." "Crafting is the best medicine."
~Anonymous~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunday Services Every Sunday at 3:00pm	Typical Cards and Games days will be Yahtzee, UNO, Dominoes, Puzzles, etc. unless something specific is noted 	RSO = Resident Scheduled Outing **ASAC** = Anchorage Senior Activity Center ***NOTE:*** *Check in Activities for any updates, questions or details about an activity.*			**1** 10:30am Daily Stretch **1:00pm Salvation Army Craft, Worship and Songs** 2:00pm BINGO **5:30pm Movie Night**	**2** **1:30pm Recital Joy's Music Studio** **★1965 Premiere of The Sound of Music**
3 3:00pm Church **★1845: Florida's Admission Day**	**4** **11:30am Daily Stretch** 12:30pm Arts and Crafts **1:00pm Hand and Foot Cards and Games** **5:00pm BINGO** **Cub Scout Den#25**	**5** **12:30pm Daily Stretch** 1:30pm Trivia and Brain Games **2:30pm Crosswords, Puzzles, Cards and Socialize**	**6** 10:30am Daily Stretch **12:00pm Drawing and Creative Coloring** 2:00pm BINGO **★Dentist Day**	**7** **11:30am RSO: St. Pat's - Senior Social** **2:00pm Visit with Barrel The friendly Malamute** **3:00pm Singing Group Marlow Out Of Tune**	**8** **10:00am What's New in the News** 10:30am Daily Stretch **12:30pm Decorate Shamrock Cookies, Tea and Socialize** 2:00pm BINGO **5:30pm Movie Night**	**9** **Vintage Barbie Doll** **★1959: 60th Anniversary of Barbie's debut**
10 3:00pm Church 	**11** **11:30am Daily Stretch** 12:30pm Arts and Crafts **1:00pm Hand and Foot Cards and Games** 5:00pm BINGO	**12** **12:30pm Daily Stretch** **1:00pm Piano Concert by Kathryn Castrodale** 1:30pm Trivia and Brain Games **2:30pm Crossword Puzzles, Cards and Socialize**	**13** 10:30am Daily Stretch **12:00pm Drawing and Creative Coloring** 2:00pm BINGO **★1887: Earmuffs Birthday**	**14** **11:00am Pi π(Pie Bar) Day** 12:30pm Daily Stretch **2:30pm Birthday Party with "Close Enough"**	**15** **10:00am What's New in the News** 10:30am Daily Stretch **11:00am St. Patrick's Day Lunch Menu** **2:00pm BINGO** **5:30pm Anchorage Mandolin Orchestra**	**16**
17 **3:00pm Church** 	**18** **11:30am Daily Stretch** 12:30pm Arts and Crafts **1:00pm Hand and Foot Cards and Games** 5:00pm BINGO	**19** **10:30am Resident Council Meeting** **12:30pm Daily Stretch** 1:30pm Trivia and Brain Games **2:30pm Crosswords, Puzzles, Cards and Socialize**	**20** 10:30am Daily Stretch **12:00pm Drawing and Creative Coloring** 2:00pm BINGO **•Spring Begins**	**21** **10:30am Food Forum** **11:00am California Strawberry (Shortcake) Day** **11:30am RSO: Senior Social** **2:00pm Visit with Barrel The friendly Malamute** **3:00pm Singing Group Marlow Out Of Tune**	**22** **10:00am What's New in the News** 10:30am Daily Stretch **2:00pm BINGO** 5:30pm Movie Night **★National Goof Off Day**	**23**
24 **3:00pm Church** **Birthday:** Eleanor Allen **31** **3:00pm Church**	**25** **11:30am Daily Stretch** 12:30pm Arts and Crafts **1:00pm Hand and Foot Cards and Games** 5:00pm BINGO	**26** **12:30pm Daily Stretch** 1:30pm Trivia and Brain Games **2:30pm Crosswords, Puzzles, Cards 4and Socialize**	**27** 10:30am Daily Stretch **12:00pm Drawing and Creative Coloring** 2:00pm BINGO **★Opening Day of Major League Baseball**	**28** **11:30pm Show, Share and Reminiscence** 12:30pm Daily Stretch **2:00pm Visit with Barrel The friendly Malamute** **3:00pm Singing Group Marlow Out Of Tune** **Birthday:** Mary Volpalensky	**29** **10:30am to 12:30pm Country Store** **1:00pm Hurricane Dave Rush** 2:00pm BINGO **5:30pm Movie Night**	**30**