

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Cream Of Wheat French Toast Scrambled Eggs Ham Deli Sandwich Chips Baked Beans Chili Corn Bread Side Salad	Steel Cut Oatmeal Battered Waffles Eggs And Bacon Taco Salad Asian Chicken Egg roll Fried Rice	Grits Country Scramble Country Fried Steak Mashed Potato Country Cream Gravy Baked Pork Chop Apple Chutney Herb Roasted Potatoes 1.5 Oz	Cream Of Wheat Golden Hash Browned Potato Patty Baked Denver Omelet Rotini Shrimp Alfredo Broccoli Florettes Shepherd'S Pie Wax Beans	Pancakes Scrambled Eggs Bacon Pesto Chicken Sandwich Chips Seasoned Vegetable Confetti Herb Salmon Mixed Vegetables Rice Pilaf	Steel Cut Oatmeal Breakfast Muffin Sandwich Hash Brown Patty Tuna Sandwich Pasta Salad Pickle Spear Ham w/ Cabbage and Noodles
7	8	9	10	11	12	13
Steel Cut Oatmeal Scrambled Eggs with Cheese Toast Crispy Chicken Sandwich Fresh Cut Fruit Cheese Raviolis in Meat sauce Italian mixed Vegetables	Cream of Wheat Sausage & Gravy Biscuit Bacon Assorted Eggs Beer Battered Cod Baked Macaroni and Cheese Baby Carrots Chicken Enchilada Refried Beans	Steel Cut Oatmeal Cheese Omlet Golden Hash Browned Potato Patty BBQ Pulled Pork Baked Beans Cole Slaw Pasta w/ Italian Sausage Casserette Garlic Bread	Grits Country Scramble Bacon Grilled Reuben Potato Chips Pickle Spears Honey Ginger Chicken Green Beans Crispy Smashed Red Potatoes	Steel Cut Oatmeal Baked Denver Omelet Home Fried Potato Chicken Alfredo Broccoli Salisbury Steak Mashed Potatoes Gravy	Cream of Rice Pancakes Eggs Philly-Style Cheese Steak French Fries Breaded CatFish Dirty Rice Vegetables	Steel Cut Oatmeal Eggs Benedict Hash Browns Chicken Stir Fry Sicky Rice Egg Roll Roasted Pork Loin Zucchini Mashed Sweet Potatoes
14	15	16	17	18	19	20
Steel Cut Oatmeal Vegetable Omelet Roasted Hash Browns Italian Sausage Sandwich Capri Mixed Vegetables Traditional Lasagna Caesar Salad Garlic Rosemary Breadstick	Cream Of Wheat Breakfast Ham Steak Texas French Toast Italian Deli Sub Ruffles Potato Chips Fresh Fruit Cup Roasted Turkey Breast Poultry Gravy Broccoli Cuts Stuffing	Steel Cut Oatmeal Baked Cheese Omelet Sausage Link Beef Tacos Mexican Corn Spanish Rice Turkey Tetrzzini Garlic Bread	Grits Country-Style Scrambled Eggs Pork Sausage Patty Meatball Sub Capri Mixed Vegetables Tuna Noodle Casserole Green Beans	Steel Cut Oatmeal Waffles Eggs with cheese Bacon Chicken Caesar Salad Garlic Toast Meat Loaf Garlic Mashed Potatoes Beef Gravy	Cream of Rice Pancakes Eggs Sausage Link Sloppy Joe Southern Potato Salad Fresh Fruit Citrus Glazed Salmon Au Gratin Potatoes Peas, Cauliflower & Carrots	Steel Cut Oatmeal Eggs Corned Beef Hash French Dip Sandwich Maui Onion Rings Roasted pork w/ Saur Kraut Potatoes
21	22	23	24	25	26	27
Steel Cut Oatmeal Bacon, Egg & Cheese Breakfast Snacker Baked Tater Tots Cheese Manicotti Garlic Bread Mixed Vegetables Chicken Gumbo Steamed White Rice	Cream Of Wheat Farmers Egg Skillet Roasted Chicken Breast Baked Potato Brussle Sprouts Beef And Broccoli Egg Roll Rice	Steel Cut Oatmeal Cinnamon Roll French Toast Breakfast Ham Steak Bbq Beef Brisket Sandwich Cole Slaw Zucchini Chicken Spinach Pasta Casserette	Grits Scrambled Eggs with Cheddar Corned Beef Hash Not Your Mother's Grilled Cheese Carrot Raisin Salad Mushroom Swiss Burger French Fries Pickles	Steel Cut Oatmeal Denver Omelet Sausage Links Pepperoni Pizza Fresh Fruit Salad Garden Salad Cup Beef Stew Wheat Dinner Roll	Cream Of Wheat Pancakes Bacon Breaded Baked Fish Brown Rice Pilaf Cole Slaw Adobo Pork Tenderloin Chipotle Chili Salsa Mesquite Roasted Potatoes	Steel Cut Oatmeal Ham, Egg and Cheese on an English Muffin Gyro Chips Glazed Carrots Beef Stroganoff Roasted Cauliflower
28	29	30				
Steel Cut Oatmeal Bacon Assorted Eggs Breakfast Potatoes Beef Soft Taco Refried Beans Aztec Vegetable Medley Ginger Citrus Grilled Chicken Breast Penne Pasta with Parsley	Cream Of Wheat French Toast Assorted Eggs Sausage Patties Oven Roasted Chicken Breast Strips Crinkle Cut French Fries Vinaigrette Cole Slaw Spaghetti with Meat Sauce Garlic Bread	Steel Cut Oatmeal Ham & Cheese Omelet Hash Browns Open Faced Roast Beef Sandwich Corn Mashed Potatoes / Gravy Chicken Marsala Rice Pilaf Green Beans				