


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Steel Cut Oatmeal Assorted Eggs Banana Pancakes	Cream of Rice Baked Denver Omelet Home Fried Potato	Steel Cut Oatmeal Eggs Benedict Hash Browns With Vegetables
				Grilled Ham & Cheese On Wheat Bread Green Beans	Philly-Style Cheese Steak Sweet Potato Fries	Chicken Stir Fry Sicky Rice Egg Roll
Salisbury Steak Mashed Potatoes Gravy	Catfish Etouffee Dirty Rice Vegetables	Roasted Pork Loin Zucchini Mashed Sweet Potatoes				
4	5	6	7	8	9	10
Steel Cut Oatmeal Vegetable Omelet Roasted Hash Browns	Cream Of Wheat Breakfast Ham Steak Texas French Toast	Steel Cut Oatmeal Baked Cheese Omelet Sausage Link	Grits Country-Style Scrambled Eggs Pork Sausage Patty	Steel Cut Oatmeal Assorted Eggs Buttermilk Pancakes Bacon	Cream of Rice Belgian Waffles With Fresh Strawberries Assorted Eggs Sausage Link	Steel Cut Oatmeal Assorted Eggs Corned Beef Hash
Italian Sausage Sandwich Capri Mixed Vegetables	Italian Deli Sub Ruffles Potato Chips Fresh Fruit Cup	Beef Tamales Pico De Gallo Spanish Rice	Meatball Sub Capri Mixed Vegetables	Chicken Caesar Salad Garlic Toast	Sloppy Joe Southern Potato Salad Fresh Fruit	French Dip Sandwich Maui Onion Rings
Traditional Lasagna Caesar Salad Garlic Rosemary Breadstick	Roasted Turkey Breast Poultry Gravy Broccoli Cuts Stuffing	Turkey Tetrazzini	Tuna Noodle Casserole Green Beans	Meat Loaf Garlic Mashed Potatoes Beef Gravy	Citrus Glazed Salmon Au Gratin Potatoes Peas, Cauliflower & Carrots	Roasted pork w/ Saur Kraut Potatoes
11	12	13	14	15	16	17
Steel Cut Oatmeal Bacon, Egg & Cheese Breakfast Snacker Baked Tater Tots	Cream Of Wheat Farmers Egg Skillet	Steel Cut Oatmeal Cinnamon Roll French Toast Breakfast Ham Steak	Grits Scrambled Eggs with Cheddar Corned Beef Hash	Steel Cut Oatmeal Buttermilk Pancakes Sausage Links	Cream Of Wheat Baked Denver Omelet Bacon	Steel Cut Oatmeal Ham, Egg and Cheese on an English Muffin
Fresh Fruit Salad Four Cheese Baked Penne Casserette Broccoli Cuts	Roasted Chicken Breast Baked Potato Fresh Broccoli	Bbq Beef Brisket Sandwich Cole Slaw Fresh Broccoli	Not Your Mother's Grilled Cheese Carrot Raisin Salad	Pepperoni Pizza Fresh Fruit Salad Garden Salad Cup	Breaded Baked Fish Brown Rice Pilaf Cole Slaw	Mushroom Swiss Burger Fried Zucchini
Chicken Gumbo Steamed White Rice	BBQ Pork Tenderloin Baked Beans Rice	Chicken Spinach Pasta Casserette Rice	Lamb Gyro Broccoli Florets French Fries	Beef Stew Wheat Dinner Roll	Adobo Pork Tenderloin Chipotle Chili Salsa Mesquite Roasted Potatoes	Beef Stroganoff Roasted Cauliflower
18	19	20	21	22	23	24
Steel Cut Oatmeal Bacon Assorted Eggs Breakfast Potatoes	Cream Of Wheat Whole Grain French Toast w/ Peach Compote Cooked Sausage Patties	Steel Cut Oatmeal Ham & Cheese Omelet Baked Wedge Fries	Grits Sausage Gravy & Biscuit	Steel Cut Oatmeal Banana Pancakes Eggs / Bacon	Cream Of Wheat Sausage Egg & Cheese Biscuit Hash Brown Patty	Steel Cut Oatmeal Farmers Egg Skillet
Beef Soft Taco Refried Beans Aztec Vegetable Medley	Oven Roasted Chicken Breast Strips Crinkle Cut French Fries Vinaigrette Cole Slaw	Open Faced Roast Beef Sandwich Corn Mashed Potatoes / Gravy	BLT Sandwich FF	Turkey Club French Fries Cole Slaw	Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans	Fried Shrimp Onion Rings Veg
Ginger Citrus Grilled Chicken Breast Penne Pasta with Parsley	Spaghetti with Meat Sauce Garlic Bread	Chicken Parmesan Linguine	Glazed Baked Ham Vegetables Au Gratin Potatoes	Meatloaf Mashed Potatoes / Grav Broccoli & Cauliflower	Salmon and Mashed Sweet Potato	Braised Beef Pot Roast With Yukon Potatoes Succotash
25	26	27	28	29	30	
Steel Cut Oatmeal Blueberry Pancakes Sausage Eggs	Cream Of Wheat Breakfast Ham Steak Texas French Toast	Steel Cut Oatmeal Waffles With Strawberries Bacon	Grits Country Scramble	Steel Cut Oatmeal Cooked Sausage Patties Buttermilk Pancakes		
Chicken Salad Croissant Tropical Fruit Salad Potato Chips	Ham Deli Sandwich Chips Baked Beans	Taco Salad	Chicken Fried Steak Mashed Potato Country Cream Gravy	Rotini Shrimp Alfredo Broccoli Florets, Frozen		
Cheese burger Fries	Apple Glazed Pork Tenderloin Chive Scalloped Potatoes Glazed Carrots	Asian Chicken Egg roll Fried Rice	Baked Pork Chop Apple Chutney Herb Roasted Potatoes 1.5 Oz	Shepherd'S Pie Wax Beans		