

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Steel Cut Oatmeal Breakfast Muffin Sandwich Hashbrown Patty  Lamb Gyro Grilled Eggplant Onion Rings  Beef Stronanoff Roasted Cauliflower Buttered Egg Noodle
2 Steel Cut Oatmeal Bacon Assorted Eggs Breakfast Potatoes  Braised Pot Roast Glazed Baby Carrots Mashed Potatoes  Ginger Citrus Chicken Sesame Rice Garlic Ginger Snap Peas	3 Cream Of Wheat French Toast w/ Peach Compote Scrambled Eggs Cooked Sausage Patties  BLT Sandwich Baked Sweet Potato Wedges Crudite  Spaghetti with Meat Sauce Side Salad Garlic Bread	4 Steel Cut Oatmeal Ham & Cheese Omelet Baked Wedge Fries  Beef Soft Taco Refried Beans Aztec Vegetable Medley  Chicken Marsala Roasted Tomato Rice Pilaf Garlic Green Beans	5 Grits Sausage Gravy & Biscuit Assorted Eggs  Deep Fried Chicken Strips Crinkle Cut French Fries Vinaigrette Cole Slaw  Baked Pork Chop Apple Chutney Herb Roasted Potatoes Brussels Sprouts	6 Steel Cut Oatmeal Sausage Egg & Cheese Biscuit Hash Brown Patty  Turkey Club Potato Chip Marinated Vegetable Salad  Chinese Chicken Salad Fried Chickpeas	7 Cream Of Wheat Blueberry Pancakes Bacon Slices  Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans  Herb Roasted Salmon Mashed Sweet Potato Italian Mixed Vegetables	8 Steel Cut Oatmeal Farmers Egg Skillet  Fried Shrimp Onion Rings Capri Mixed Vegetables  Salisbury Steak Yukon Potatoes Succotash
9 Assorted Eggs Steel Cut Oatmeal Sausage Links Home Fried Potatoes  Chicken Salad Croissant Fresh Grapes Potato Chips  Chicken Fried Steak Mashed Potato Country Cream Gravy Peas	10 Cream Of Wheat Assorted Eggs Texas French Toast  Swedish Meatballs Buttered Egg Noodles French Cut Green Beans  Apple Glazed Pork Tenderloin Chive Scalloped Potatoes Glazed Carrots	11 Steel Cut Oatmeal Waffles With Strawberries Bacon Assorted Eggs  Beef Taco Salad  Asian Chicken Jasmine Rice Vegetable Egg Roll	12 Grits Country Scramble Assorted Eggs  Bacon Cheese Burger Steak Fries Side Salad  Glazed Ham Cranberry Wild Rice Sauteed Spinach	13 Steel Cut Oatmeal Cooked Sausage Patties Buttermilk Pancakes  Chicken Alfredo Broccoli Florets Bread Sticks  Shepherd'S Pie Peas & Carrots	14 Cream Of Wheat Golden Hash Browned Potato Baked Denver Omelet  Philly-Style Cheese Steak Curly Fries Steamed Vegetable Medley  Shrimp Scampi Angel Hair Pasta Roasted Zucchini	15 Steel Cut Oatmeal Bacon Breakfast Muffin Sandwich  Tuna Melt Pasta Salad Fresh Fruit  Chili Con Carne Cornbread
16 Steel Cut Oatmeal Assorted Eggs Sausage Links  Chicken Cordon Bleu Sandwich Sweet Potato fries Fresh Fruit  Cheese Raviolis in Meat sauce Italian mixed Vegetables Garlic Bread	17 Cream of Wheat Sausage & Gravy Biscuit Bacon Assorted Eggs  Battered Rockfish Creamy Mac & Cheese Broccoli with Garlic and Lemon  Classic Patty Melt Potato Salad Marinated Cucumber Salad	18 Steel Cut Oatmeal Cheese Omlet Golden Hash Browned Potato Patty  Chicken Fajita Homemade Chips and Salas  Italian Sausage Cassertte Side Salad Bread Stick	19 Grits Country Style Scrambled Egg Bacon  Grilled Reuben Potato Chips Cole Slaw  Honey Ginger Chicken Basmati Rice Baby Carrots & Snap peas	20 Steel Cut Oatmeal Denver Omelet Home Fried Potato  Shrimp Alfredo w/Penne Pasta Broccoli Florets  Salisbury Steak Mashed Potatoes w/Gravy Garlic Green Beans	21 Cream of Rice Banana Pancakes Pork Sausage Patty Assorted Eggs  BBQ Beef Brisket Sandwich Cole Slaw Fresh Fruit  Fried Catfish Dirty Rice Sauteed Spinach w/Onion Sweet Honey Cornbread	22 Steel Cut Oatmeal Eggs Benedict Hash Browns With Vegetables  Chicken Stir Fry Steamed White Rice Egg Roll  Citrus Marinated Pork Loin Zucchini Mashed Sweet Potatoes
23 Steel Cut Oatmeal Vegetable Omelet Roasted Hash Browns  Reindeer Sausage Sandwich Mixed Vegetables Potato Chips  Meat Lasagna Caesar Side Salad Garlic Rosemary Breadstick	24 Cream Of Wheat Scrambled Eggs French Toast  Italian Deli Sub Ruffles Potato Chips Fresh Grapes  Roasted Turkey Breast Poultry Gravy Broccoli Cuts Stuffing	25 Steel Cut Oatmeal Baked Cheese Omelet Sausage Link  Beef Taco Mexican Vegetables Spanish Rice  Turkey Tetrzzini California Mixed Vegetables Garlic Bread	26 Grits Country-Style Scrambled Eggs Pork Sausage Patty  Meatball Sub French Fries Pickle Spears  Tuna Noodle Casserole Green Beans Dinner Roll	27 Steel Cut Oatmeal Assorted Eggs Belgian Waffles Bacon  Chicken Caesar Salad Garlic Toast  Meat Loaf Mashed Potatoes w/Gravy Green Peas	28 Cream of Rice Buttermilk Pancakes Assorted Eggs Sausage Link  Sloppy Joe French Fried Tator tots Fresh Fruit  Citrus Glazed Salmon Au Gratin Potatoes Brussels Sprouts	29 Steel Cut Oatmeal Assorted Eggs Corned Beef Hash  French Dip Sandwich Maui Onion Rings  Brown Sugar Rubbed Pork Lion Mashed Sweet Potatoes Broccoli & Cauliflower