| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cream Of Wheat Breaktast Ham Steak Texas French Toast <br> Italian Deli Sub Ruffles Potato Chips Fresh Fruit Cup <br> Roasted Turkey Breast Poultry Gravy Broccoli Cuts Stutting | SteelCut Oatmeal <br> Baked Cheese Omelet <br> Sausage Link <br> Beef Tamales <br> Pico De Gallo <br> Spanish Rice <br> Turkey Tetrazzini | Grits <br> Country-Style Scrambled Eggs <br> Pork Sausage Patty <br> Meatball Sub <br> Capri Mixed Vegetables <br> Tuna Noodle Casserole Green Beans | Steel Cut Oatmeal Assorted Eggs Buttermilk Pancakes Bacon <br> Chicken Caesar Salad Garlic Toast <br> Meat Loaf Garlic Mashed Potatoes Beet Gravy | Cream of Rice <br> Belgian Wattles With Fresh Strawbe <br> Assorted Eggs <br> Sausage Link <br> Sloppy Joe <br> Southern Potato Salad <br> Fresh Fruit <br> Citrus Glazed Salmon <br> Au Gratin Potatoes <br> Peas, Caulitlower \& Carrots | Steel Cut Oatmeal Assorted Eggs Corned Beet Hash French Dip Sandwich Maui Onion Rings Roasted pork w/ Saur Kraut Potatoes |
| Steel Cut Oatmeal Bacon, Egg \& Cheese Breakfast Snacker Baked Tater Tots <br> Fresh Fruit Salad Four Cheese Baked Penne Casserette <br> Broccoli Cuts <br> Chicken Gumbo Steamed White Rice | Cream Of Wheat <br> Farmers Egg Skillet <br> Roasted Chicken Breast Baked Potato <br> Fresh Broccoli <br> BBQ Pork Tendeloin Baked Beans Rice | SteelCut Oatmeal Cinnamon Roll French Toast Breakfast Ham Steak <br> Bbq Beet Brisket Sandwich Cole Slaw <br> Fresh Broccoli <br> Chicken Spinach Pasta Casserette | Grits Scrambled Eggs with Cheddar Corned Beet Hash Not Your Mother's Grilled Cneese Carrot Raisin Salad Lamb Gyro Broccoli Florets French Fries |  <br> SteeI Cut Oatmeal <br> Buttermilk Pancakes <br> Sausage Links <br> Pepperoni Pizza <br> Fresh Fruit Salad <br> Garden Salad Cup <br> Beet Stew <br> Wheat Dinner Roll | Cream Of Wheat <br> Baked Denver Omelet <br> Bacon <br> Breaded Baked Fish <br> Brown Rice Pilat <br> Cole Slaw <br> Adobo Pork Tenderloin <br> Chipotle Chili Salsa <br> Mesquite Roasted Potatoes | SteelCut Oatmeal Ham, Egg and Cheese on an English Muftin <br> Mushroom Swiss Burger Fried Zucchini <br> Beef Stroganoff Roasted Cauliflower |
|  <br> SteeICut Oatmeal <br> Bacon <br> Assorted Eggs <br> Breakłast Potatoes <br> Beef Soft Taco <br> Retried Beans <br> Aztec Vegetable Medley <br> Ginger Citrus Grilled <br> Chicken Breast <br> Penne Pasta with Parsley | Cream Of Wheat Whole Grain French Toast w/ Peach Compote Cooked Sausage Patties Oven Roasted Chicken Breast Strips Crinkle Cut French Fries Vinaigrette Cole Slaw Spaghetti with Meat Sauce Garlic Bread | SteelCut Oatmeal <br> Ham \& Cheese Omelet Baked Wedge Fries <br> Open Faced Roast Beet Sandwich Corn <br> Mashed Potatoes / Gravy <br> Chicken Parmesan Linguine | Grits <br> Sausage Gravy \& Biscuit <br> BLT Sandwich <br> FF <br> Glazed Baked Ham Vegetables Au Gratin Potatoes | Steel Cut Oatmeal <br> Banana Pancakes <br> Eggs / Bacon <br> Turkey Club <br> French Fries <br> Cole Slaw <br> Meatloaf <br> Mashed Potatoes / Grav <br> Broccoli \& Cauliflower | Cream Of Wheat <br> Sausage Egg \& Cheese Biscuit Hash Brown Patty <br> Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans <br> Salmon and Mashed Sweet Potato |  <br> Steel Cut Oatmeal <br> Farmers Egg Skillet <br>  <br> Fried Shrimp <br> Onion Rings <br> Veg <br> Braised Beef Pot Roast <br> With Yukon Potaotes <br> Succotash |
|  <br> Steel Cut Oatmeal <br> Blueberry Pancakes <br> Sausage <br> Eggs <br> Eacon Cheeseburger <br> Chips <br> Salad <br> Chicken Salad Croissant <br> Tropical Fruit Salad <br> Potato Chips |  <br> Cream Of Wheat <br> Breaktast Ham Steak <br> Texas French Toast <br> Ham Deli Sandwich <br> Chips <br> Baked Beans <br> Apple Glazed Pork Tenderloin <br> Chive Scalloped Potatoes <br> Glazed Carrots | Steel Cut Oatmeal Waffles With Strawberries Bacon Taco Salad Asian Chicken Egg roll Fried Rice | Grits <br> Country Scramble <br> Chicken Fried Steak <br> Mashed Potato <br> Country Cream Gravy <br> Baked Pork Chop <br> Apple Chutney <br> Herb Roasted Potatoes 1.5 Oz |  <br> Steel Cut Oatmeal <br> Cooked Sausage Patties <br> Buttermilk Pancakes <br> Rotini Shrimp Alfredo <br> Broccoli Florets, Frozen <br> Shepherd'S Pie <br> Wax Beans | Cream Of Wheat Golden Hash Browned Potato Baked Denver Omelet <br> Pesto Chicken Sandwich Potato Salad Seasoned Vegetable Confetti <br> Citrus Herb Salmon Saute Spinach Wild Rice | Steel Cut Oatmeal Bacon Breakfast Muffin Sandwich <br> Fried Chicken Mashed Potatoes Brussels Sprout <br> Ham w/ Cabbage and Noodles |
| Steel Cut Oatmeal Assorted Eggs Blueberry Pancakes <br> Crispy Chicken Sandwich Fresh Cut Fruit <br> Cheese Raviolis in Meat sauce Italian mixed Vegetables | Cream of Wheat Sausage \& Gravy Biscuit Bacon Assorted Eggs Beer Battered Cod Baked Macaroni and Cheese Baby Carrots Chicken Enchilada Refried Beans | Steel Cut Oatmeal Cheese Omlet Golden Hash Browned Potato Patty | Grits <br> Country Scramble <br> Bacon <br> Grilled Reuben <br> Potato Chips <br> Cole Slaw <br> Honey Ginger Chicken <br> Green Beans <br> Crispy Smashed Red Potatoes |  |  |  |

