


| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|--|---|--|--|--|--|--|
| 1  | 2   | 3  | 4  | 5  | 6  | 7  |
| Steel Cut Oatmeal<br>Vegetable Omelet<br>Roasted Hash Browns<br><br>Reindeer Sausage Sandwich<br>Mixed Vegetables<br>Potato Chips<br><br>Meat Lasagna<br>Caesar Side Salad<br>Garlic Rosemary Breadstick               | Cream Of Wheat<br>Scrambled Eggs<br>French Toast<br><br>Italian Deli Sub<br>Ruffles Potato Chips<br>Fresh Grapes<br><br>Roasted Turkey Breast<br>Poultry Gravy<br>Broccoli Cuts<br>Stuffing                                 | Steel Cut Oatmeal<br>Baked Cheese Omelet<br>Sausage Link<br><br>Beef Taco<br>Mexican Vegetables<br>Spanish Rice<br><br>Turkey Tetrizzini<br>California Mixed Vegetables<br>Garlic Bread                  | Grits<br>Country-Style Scrambled Eggs<br>Pork Sausage Patty<br><br>Meatball Sub<br>French Fries<br>Pickle Spears<br><br>Tuna Noodle Casserole<br>Green Beans<br>Dinner Roll  | Steel Cut Oatmeal<br>Assorted Eggs<br>Belgian Waffles<br>Bacon<br><br>Chicken Caesar Salad<br>Garlic Toast<br><br>Meatloaf<br>Mashed Potatoes w/Gravy<br>Green Peas                  | Cream of Rice<br>Buttermilk Pancakes<br>Assorted Eggs<br>Sausage Link<br><br>Sloppy Joe<br>French Fried Tator tots<br>Fresh Fruit<br><br>Citrus Glazed Salmon<br>Au Gratin Potatoes<br>Brussels Sprouts            | Steel Cut Oatmeal<br>Assorted Eggs<br>Corned Beef Hash<br><br>French Dip Sandwich<br>Maui Onion Rings<br><br>Brown Sugar Rubbed Pork Lion<br>Mashed Sweet Potatoes<br>Broccoli & Cauliflower |
| 8  | 9   | 10   | 11   | 12   | 13   | 14   |
| Steel Cut Oatmeal<br>Bacon, Egg & Cheese<br>Breakfast Snacker<br>Baked Tater Tots<br><br>Manicotti With Red Sauce<br>Caesar Side Salad<br>Breadstick<br><br>Chicken Reindeer Gumbo<br>Steamed White Rice<br>Fried Okra | Cream Of Wheat<br>Farmers Egg Skillet<br><br>Roasted Chicken Breast<br>Baked Potato<br>Garlic Green Beans<br><br>Beef & Broccoli Stir Fry<br>Fried Rice<br>Egg Roll   | Steel Cut Oatmeal<br>French Toast<br>Bacon<br><br>Chicken Enchilada<br>Aztec Corn<br>Cilantro Lime Rice<br><br>Mushroom Swiss Burger<br>Fried Zucchini<br>Marinated Cucumber Salad                       | Grits<br>Scrambled Eggs with Cheddar<br>Corned Beef Hash<br><br>Not Your Mother's Grilled Cheese<br>Tomato Basil Soup<br>Chips<br><br>Chicken Spinach Casserte<br>Side Salad<br>Garlic Bread                                 | Steel Cut Oatmeal<br>Denver Omelet<br>Sausage Links<br><br>Pepperoni Pizza<br>Fresh Fruit Salad<br>Garden Salad Cup<br><br>Beef Stew<br>Dinner Roll                                  | Cream Of Wheat<br>Chocolate Chip Pancake<br>Bacon<br><br>Breaded Baked Fish<br>French Fries<br>Coleslaw<br><br>Adobo Pork Tenderloin<br>Roasted Squash Pepper Mix<br>Mesquite Roasted Potatoes                     | Steel Cut Oatmeal<br>Breakfast Muffin Sandwich<br>Hashbrown Patty<br><br>Lamb Gyro<br>Grilled Eggplant<br>Onion Rings<br><br>Beef Stronanoff<br>Roasted Cauliflower<br>Buttered Egg Noodle   |
| 15   | 16  | 17   | 18   | 19   | 20   | 21   |
| Steel Cut Oatmeal<br>Bacon<br>Assorted Eggs<br>Breakfast Potatoes<br><br>Braised Pot Roast<br>Glazed Baby Carrots<br>Mashed Potatoes<br><br>Ginger Citrus Chicken<br>Sesame Rice<br>Garlic Ginger Snap Peas            | Cream Of Wheat<br>French Toast w/ Peach Compote<br>Scrambled Eggs<br>Cooked Sausage Patties<br><br>BLT Sandwich<br>Baked Sweet Potato Wedges<br>Crudite<br><br>Spaghetti with Meat Sauce<br>Side Salad<br>Garlic Bread      | Steel Cut Oatmeal<br>Ham & Cheese Omelet<br>Baked Wedge Fries<br><br>Beef Soft Taco<br>Refried Beans<br>Aztec Vegetable Medley<br><br>Chicken Marsala<br>Roasted Tomato Rice Pilaf<br>Garlic Green Beans | Grits<br>Sausage Gravy & Biscuit<br>Assorted Eggs<br><br>Deep Fried Chicken Strips<br>Crinkle Cut French Fries<br>Vinaigrette Cole Slaw<br><br>Baked Pork Chop<br>Apple Chutney<br>Herb Roasted Potatoes<br>Brussels Sprouts | Steel Cut Oatmeal<br>Sausage Egg & Cheese Biscuit<br>Hash Brown Patty<br><br>Turkey Club<br>Potato Chip<br>Marinated Vegetable Salad<br><br>Chinese Chicken Salad<br>Fried Chickpeas | Cream Of Wheat<br>Blueberry Pancakes<br>Bacon Slices<br><br>Italian Roasted Chicken Breast<br>Cheese Raviolis<br>Italian Green Beans<br><br>Herb Roasted Salmon<br>Mashed Sweet Potato<br>Italian Mixed Vegetables | Steel Cut Oatmeal<br>Farmers Egg Skillet<br><br>Fried Shrimp<br>Onion Rings<br>Capri Mixed Vegetables<br><br>Salisbury Steak<br>Yukon Potaotes<br>Succotash                                  |
| 22   | 23  | 24   | 25   | 26   | 27   | 28   |
| Assorted Eggs<br>Steel Cut Oatmeal<br>Sausage Links<br>Home Fried Potatoes<br><br>Chicken Salad Croissant<br>Fresh Grapes<br>Potato Chips<br><br>Chicken Fried Steak<br>Mashed Potato<br>Country Cream Gravy<br>Peas   | Cream Of Wheat<br>Assorted Eggs<br>Texas French Toast<br><br>Swedish Meatballs<br>Buttered Egg Noodles<br>French Cut Green Beans<br><br>Apple Glazed Pork Tenderloin<br>Chive Scalloped Potatoes<br>Glazed Carrots          | Steel Cut Oatmeal<br>Waffles With Strawberries<br>Bacon<br>Assorted Eggs<br><br>Beef Taco Salad<br><br>Asian Chicken<br>Jasmine Rice<br>Vegetable Egg Roll   | Grits<br>Country Scramble<br>Assorted Eggs<br><br>Bacon Cheese Burger<br>Steak Fries<br>Side Salad<br><br>Glazed Ham<br>Cranberry Wild Rice<br>Sauteed Spinach   | Steel Cut Oatmeal<br>Golden Hash Browned Potato Patty<br>Baked Denver Omelet<br><br>Chicken Alfredo<br>Broccoli Florets<br>Bread Sticks<br><br>Shepherd'S Pie<br>Peas & Carrots      | Cream Of Wheat<br>Assorted Eggs<br>Buttermilk Pancakes<br><br>Philly-Style Cheese Steak<br>Curly Fries<br>Steamed Vegetable Medley<br><br>Shrimp Scampi<br>Angel Hair Pasta<br>Roasted Zucchini                    | Steel Cut Oatmeal<br>Bacon<br>Breakfast Muffin Sandwich<br><br>Tuna Melt<br>Pasta Salad<br>Fresh Fruit<br><br>Chili Con Carne<br>Cornbread   |
| 29   | 30  |   |  |  |  |  |
| Steel Cut Oatmeal<br>Assorted Eggs<br>Sausage Links<br><br>Chicken Cordon Bleu Sandwich<br>Sweet Potato fries<br>Fresh Fruit<br><br>Cheese Raviolis in Meat sauce<br>Italian mixed Vegetables<br>Garlic Bread          | Cream of Wheat<br>Sausage & Gravy Biscuit<br>Bacon<br>Assorted Eggs<br><br>Battered Rockfish<br>Creamy Mac & Cheese<br>Broccoli with Garlic and Lemon<br><br>Classic Patty Melt<br>Potato Salad<br>Marinated Cucumber Salad |  |  |  |  |  |