

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage	Cream of Wheat Sausage & Gravy Biscuit Bacon Assorted Eggs	Steel Cut Oatmeal Cheese Omlet Golden Hash Brown Patty Bacon/Sausage	Grits Country Scramble Bacon	Steel Cut Oatmeal Denver Omelet Home Fried Potatoes	Cream of Rice Buttermilk Pancakes Bacon/Sausage	Steel Cut Oatmeal Eggs Benedict Hash Browns
Chicken Cordon Bleu Sandwich Sweet Potato Fries	<i>Crispy Rockfish</i> Baked Macaroni and Cheese Baby Carrots	Chicken Fajita Taco Black Beans Mexican Vegetables	Grilled Reuben Potato Chips Cole Slaw	Shrimp Alfredo w/ Penne pasta Green Beans Garlic Bread	BBQ Brisket Sandwich Baked Beans Cole Slaw	Chicken Stir Fry Steamed Rice Egg Roll
Cheese Raviolis w/Bolognese Italian mixed Vegetables Garlic Bread	Classic Patty Melt Potato Salad Cucumber Salad	Italian Casserette Steamed Vegetables Garlic Bread	Honey Ginger Chicken Steamed Rice Baby Carrots and Snap Peas	Salisbury Steak Mashed Potatoes Gravy	Fried Catfish Dirty Rice Vegetable Medley	Roasted Pork Loin Zucchini Mashed Sweet Potatoes
8	9	10	11	12	13	14
Steel Cut Oatmeal Vegetable Omelet Hash Browns Bacon/Sausage	Cream of Wheat French Toast Breakfast Ham	Steel Cut Oatmeal Cheese Omelet Bacon/Sausage HashBrown Patty	Grits Assorted Eggs Bacon/Sausage	Steel Cut Oatmeal Assorted Eggs Battered Waffles	Cream of Wheat Assorted eggs Buttermilk Pancakes	Steel Cut Oatmeal Assorted Eggs Corned Beef Hash
Reindeer Sausage Sandwich Capri Mixed Vegetables Chips & Pickle Spear	Deli Sub Sandwich Side Salad Cup Chips & Pickle Spear	Beef Taco Black beans Mexican Vegetable	Meatball Sandwich Chips Mixed Vegetables	Chicken Caesar Salad Pita Chips	Sloppy Joe Potato salad Pickle spear	French Dip Sandwich Maui Onion Rings Salad Cup
Meat Lasagna Caesar side salad Breadsticks	Roasted Turkey w/Gravy Homestyle Stuffing Vegetable Medley	Turkey Tetrazzini Garlic Bread	Tuna Noodle Cassarole Steamed Vegetables Dinner roll	Meatloaf w/Gravy Garlic Mashed Potatoes Peas and Carrots	Citrus Glazed Salmon Au Gratin Potatoes Peas, Cauliflower & Carrots	Brown Sugar Rubbed Porkloin Mashed Sweet Potato Broccoli Mix
15	16	17	18	19	20	21
Steel Cut Oatmeal Bacon, Egg & Cheese Sandwich Breakfast Tater Tots	Cream Of Wheat Farmers Egg Skillet Bacon/Sausage	Steel Cut Oatmeal French Toast Breakfast Ham Steak	Grits Scrambled Eggs with Cheddar Corned Beef Hash	Steel Cut Oatmeal Baked Denver Omelet Bacon	Cream Of Wheat Buttermilk Pancakes Sausage Links	Steel Cut Oatmeal Ham, Egg and Cheese on an English Muffin
Manicotti with Red Sauce Caesar side salad Bread sticks	Roasted Chicken Breast Baked Potato Garlic Green Beans	Chicken Enchilada Aztec Corn Cilantro Rice	Not Your Mother's Grilled Cheese Tomato Basil Soup	Pepperoni Pizza Fresh Fruit Salad Garden Salad Cup	Breaded Baked Fish French Fries Cole Slaw	Lamb Gyro Curly Fries Greek Side Salad
Chicken Gumbo Steamed White Rice	Beef & Broccolu stir fry Steamed White Rice Egg Roll	Mushroom Swiss Burger Steak Fries	Chicken Spinach Casserole Side salad Cup Garlic Bread	Beef Stew Dinner Roll	Adobo Pork Tenderloin Mesquite Roasted Potatoes Zucchini and Squash	Beef Stroganoff Buttered Egg Noodles Roasted Cauliflower
22	23	24	25	26	27	28
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage Breakfast Potatoes	Cream Of Wheat French Toast w/ Fruit Syrup	Steel Cut Oatmeal Ham & Cheese Omelet Baked Wedge Fries	Grits Assorted Eggs Sausage Gravy & Biscuit	Steel Cut Oatmeal Breakfast Sandwich Hashbrown Patty	Cream Of Wheat Blueberry Pancakes Bacon/Sausage	Steel Cut Oatmeal Farmers Egg Skillet
Braised Beef Pot Roast Mashed Potato Glazed Baby Carrots	B.L.T Sandwich Sweet Potato Fires Fresh Fruit	Beef Soft Taco Refried Beans Aztec Vegetable Medley	Chicken Strips Crinkle Cut Fries Cole Slaw	Turkey Club Chips Marinated Vegetable Salad	Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans	Fried Shrimp Onion Rings Steamed Vegetables
Ginger Citrus Grilled Chicken Sesame Rice Sugar Snap Peas	Spaghetti with Meat Sauce Caesar Side Salad Garlic Bread	Chicken Marsala Roasted Rice Pilaf Garlic Green Beans	Baked Pork Chop Herb Roasted Potatoes Brussle Sprouts	Chinese Chicken Salad Egg Roll	Herb Roasted Salmon Mashed Sweet Potato Mixed Vegetables	Salisbury Steak Mashed Yukon Golds Succotash
29	30					
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage HomeFried Potatoes	Cream Of Wheat Breakfast Ham Steak Texas French Toast					
Chicken Salad Croissant Chips Fresh Grapes	Swedish Meatballs Egg Noodles Green Beans					
Country Fried Steak Mashed Potato/ Country gravy Peas	Apple Glazed Pork Tenderloin Chive Scalloped Potatoes Glazed Carrots					