

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	1	2	3
						
				Steel Cut Oatmeal Denver Omelet Home Fried Potatoes Shrimp Alfredo w/ Penne pasta Green Beans Garlic Bread Sausbury Steak Mashed Potatoes Gravy	Cream of Rice Buttermilk Pancakes Bacon/Sausage BBQ Brisket Sandwich Baked Beans Cole Slaw Fried Catfish Dirty Rice Vegetable Medley	Steel Cut Oatmeal Eggs Benedict Hash Browns Chicken Stir Fry Steamed Rice Egg Roll Roasted Pork Loin Zucchini Mashed Sweet Potatoes
4	5	6	7	8	9	10
Steel Cut Oatmeal Vegetable Omelet Hash Browns Bacon/Sausage Reindeer Sausage Sandwich Capri Mixed Vegetables Chips & Pickle Spear Meat Lasagna Caesar side salad Breadsticks	Cream of wheat French Toast Breakfast Ham Deli Sub Sandwich Side Salad Cup Chips & Pickle Spear Roasted Turkey w/Gravy Homestyle Stuffing Vegetable Medley	Steel Cut Oatmeal Cheese Omelet Bacon/Sausage Hashbrown Patty Beef Taco Black beans Mexican Vegetable Turkey Tetrzzini Garlic Bread	Grits Assorted Eggs Bacon/Sausage Meatball Sandwich Chips Mixed Vegetables Tuna Noodle Cassarole Steamed Vegetables Dinner roll	Steel Cut Oatmeal Assorted Eggs Battered Waffles Chicken Caesar Salad Pita Chips Meatloaf w/Gravy Garlic Mashed Potatoes Peas and Carrots	Cream of wheat Assorted eggs Buttermilk Pancakes Sloppy Joe Potato salad Pickle spear Citrus Glazed Salmon Au Gratin Potatoes Peas, Cauliflower & Carrots	Steel Cut Oatmeal Assorted Eggs Corned Beef Hash French Dip Sandwich Maui Onion Rings Salad Cup Brown Sugar Rubbed Porkloin Mashed Sweet Potato Broccoli Mix
11	12	13	14	15	16	17
Steel Cut Oatmeal Bacon, Egg & Cheese Sandwich Breakfast Tater Tots Manicotti with Red Sauce Caesar side salad Bread sticks Chicken Gumbo Steamed White Rice	Cream Of wheat Farmers Egg Skillet Bacon/Sausage Roasted Chicken Breast Baked Potato Garlic Green Beans Beef & Broccoli stir fry Steamed White Rice Egg Roll	Steel Cut Oatmeal French Toast Breakfast Ham Steak Chicken Enchilada Aztec Corn Cilantro Rice Mushroom Swiss Burger Steak Fries	Grits Scrambled Eggs with Cheddar Corned Beef Hash Not Your Mother's Grilled Cheese Tomato Basil Soup Chicken Spinach Casserole Side salad Cup Garlic Bread	Steel Cut Oatmeal Baked Denver Omelet Bacon Pepperoni Pizza Fresh Fruit Salad Garden Salad Cup Beef Stew Dinner Roll	Cream Of wheat Buttermilk Pancakes Sausage Links Breaded Baked Fish French Fries Cote Slaw Adobo Pork Tenderloin Mesquite Roasted Potatoes Zucchini and Squash	Steel Cut Oatmeal Ham, Egg and Cheese on an English Muffin Lamb Gyro Curly Fries Greek Side Salad Beef Stroganoff Buttered Egg Noodles Roasted Cauliflower
18	19	20	21	22	23	24
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage Breakfast Potatoes Braised Beef Pot Roast Mashed Potato Glazed Baby Carrots Ginger Citrus Grilled Chicken Sesame Rice Sugar Snap Peas	Cream Of wheat French toast w/ Fruit Syrup B.L.T Sandwich Sweet Potato Fries Fresh Fruit Spaghetti with Meat Sauce Caesar Side Salad Garlic Bread	Steel Cut Oatmeal Ham & Cheese Omelet Baked Wedge Fries Beef Soft Taco Refried Beans AZTEC Vegetable Medley Chicken Marsala Roasted Rice Pilaf Garlic Green Beans	Grits Assorted Eggs Sausage Gravy & Biscuit Chicken Strips Crinkle Cut Fries Cote Slaw Baked Pork Chop Herb Roasted Potatoes Brusste Sprouts	Steel Cut Oatmeal Breakfast Sandwich Hashbrown Patty Turkey Club Chips Marinated vegetable Salad Chinese Chicken Salad Egg Roll	Cream Of Wheat Blueberry Pancakes Bacon/Sausage Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans Herb Roasted Salmon Mashed Sweet Potato Mixed Vegetables	Steel Cut Oatmeal Farmers Egg Skillet Fried Shrimp Onion Rings Steamed Vegetables Salisbury Steak Mashed Yukon Golds Succotash
25	26	27	28	29	30	31
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage Homefried Potatoes Chicken Salad Croissant Chips Fresh Grapes Country Fried Steak Mashed Potato/ Country gravy Peas	Cream Of wheat Breakfast Ham Steak Texas French toast Swedish Meatballs Egg Noodles Green Beans Apple Glazed Pork Tenderloin Chive Scalloped Potatoes Glazed Carrots	Steel Cut Oatmeal Waffles W/ Fruit Svrup Bacon Taco Salad Chips and Salsa Asian Chicken Stir Fry Fried Rice Egg roll	Grits Country Scramble Bacon/Sausage Bacon Cheese Burger Steak Fries Salad Cup Glazed Ham Wild Rice Sauteed Spinach	Steel Cut Oatmeal Denver Omelet Bacon/Sausage Chicken Alfredo Broccoli Florets Garlic Bread Shepherd's Pie Wax Beans	Cream Of Wheat Buttermilk Pancakes Bacon/Sausage Philly-Style Cheese steak Curly Fries Seasoned Vegetable Confetti Shrimp Scampi Roasted Zuchinni Garlic Bread	Steel Cut Oatmeal Bacon Breakfast Muffin Sandwich Tuna Melt Pasta Salad Fresh Fruit Chili Con Carne Cornbread