

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						1	2
					<b>Cream Of Wheat</b> Assorted Eggs Buttermilk Pancakes  <b>Philly-Style Cheese Steak</b> Curly Fries Steamed Vegetable Medley  <b>Shrimp Scampi</b> Angel Hair Pasta Roasted Zucchini	<b>Steel Cut Oatmeal</b> Bacon Breakfast Muffin Sandwich  <b>Tuna Melt</b> Pasta Salad Fresh Fruit  <b>Chili Con Carne</b> Cornbread	
3	4	5	6	7	8	9	
<b>Steel Cut Oatmeal</b> Assorted Eggs Sausage Links  <b>Chicken Cordon Bleu Sandwich</b> Sweet Potato fries Fresh Fruit  <b>Cheese Raviolis in Meat sauce</b> Italian mixed Vegetables Garlic Bread	<b>Cream of Wheat</b> Sausage & Gravy Biscuit Bacon Assorted Eggs  <b>Battered Rockfish</b> Creamy Mac & Cheese Broccoli with Garlic and Lemon  <b>Classic Patty Melt</b> Potato Salad Marinated Cucumber Salad	<b>Steel Cut Oatmeal</b> Cheese Omelet Golden Hash Browned Potato Patty  <b>Chicken Fajita</b> Homemade Chips and Salas  <b>Italian Sausage Cassertte</b> Side Salad Bread Stick	<b>Grits</b> Country Style Scrambled Egg Bacon  <b>Grilled Reuben</b> Potato Chips Cole Slaw  <b>Honey Ginger Chicken</b> Basmati Rice Baby Carrots & Snap peas	<b>Steel Cut Oatmeal</b> Denver Omelet Home Fried Potato  <b>Shrimp Alfredo w/Penne Pasta</b> Broccoli Florets  <b>Salisbury Steak</b> Mashed Potatoes w/Gravy Garlic Green Beans	<b>Cream of Rice</b> Banana Pancakes Pork Sausage Patty Assorted Eggs  <b>BBQ Beef Brisket Sandwich</b> Cole Slaw Fresh Fruit  <b>Fried Catfish</b> Dirty Rice Sauteed Spinach w/Onion Sweet Honey Cornbread	<b>Steel Cut Oatmeal</b> Eggs Benedict Hash Browns With Vegetables  <b>Chicken Stir Fry</b> Steamed White Rice Egg Roll  <b>Citrus Marinated Pork Loin</b> Zucchini Mashed Sweet Potatoes	
10	11	12	13	14	15	16	
<b>Steel Cut Oatmeal</b> Vegetable Omelet Roasted Hash Browns  <b>Reindeer Sausage Sandwich</b> Mixed Vegetables Potato Chips  <b>Meat Lasagna</b> Caesar Side Salad Garlic Rosemary Breadstick	<b>Cream Of Wheat</b> Scrambled Eggs French Toast  <b>Italian Deli Sub</b> Ruffles Potato Chips Fresh Grapes  <b>Roasted Turkey Breast</b> Poultry Gravy Broccoli Cuts Stuffing	<b>Steel Cut Oatmeal</b> Baked Cheese Omelet Sausage Link  <b>Beef Taco</b> Mexican Vegetables Spanish Rice  <b>Turkey Tetrazzini</b> California Mixed Vegetables Garlic Bread	<b>Grits</b> Country-Style Scrambled Eggs Pork Sausage Patty  <b>Meatball Sub</b> French Fries Pickle Spears  <b>Tuna Noodle Casserole</b> Green Beans Dinner Roll	<b>Steel Cut Oatmeal</b> Assorted Eggs Belgian Waffles Bacon  <b>Chicken Caesar Salad</b> Garlic Toast  <b>Meat Loaf</b> Mashed Potatoes w/Gravy Green Peas	<b>Cream of Rice</b> Buttermilk Pancakes Assorted Eggs Sausage Link  <b>Sloppy Joe</b> French Fried Tator tots Fresh Fruit  <b>Citrus Glazed Salmon</b> Au Gratin Potatoes Brussels Sprouts	<b>Steel Cut Oatmeal</b> Assorted Eggs Corned Beef Hash  <b>French Dip Sandwich</b> Maui Onion Rings  <b>Brown Sugar Rubbed Pork Loin</b> Mashed Sweet Potatoes Broccoli & Cauliflower	
17	18	19	20	21	22	23	
<b>Steel Cut Oatmeal</b> Bacon, Egg & Cheese Breakfast Snacker Baked Tater Tots  <b>Manicotti With Red Sauce</b> Caesar Side Salad Bread Stick  <b>Chicken Reindeer Gumbo</b> Steamed White Rice Fried Okra	<b>Cream Of Wheat</b> Farmers Egg Skillet  <b>Roasted Chicken Breast</b> Baked Potato Garlic Green Beans  <b>Beef &amp; Broccoli Stir Fry</b> Fried Rice Egg Roll	<b>Steel Cut Oatmeal</b> French Toast Bacon  <b>Chicken Enchilada</b> Aztec Corn Cilantro Lime Rice  <b>Mushroom Swiss Burger</b> Fried Zucchini Marinated Cucumber Salad	<b>Grits</b> Scrambled Eggs with Cheddar Corned Beef Hash  <b>Not Your Mother's Grilled Cheese</b> Tomato Basil Soup Chips  <b>Chicken Spinach Cassertte</b> Side Salad Garlic Bread	<b>Steel Cut Oatmeal</b> Denver Omelet Sausage Links  <b>Pepperoni Pizza</b> Fresh Fruit Salad Garden Salad Cup  <b>Beef Stew</b> Dinner Roll	<b>Cream Of Wheat</b> Chocolate Chip Pancake Bacon  <b>Breaded Baked Fish</b> French Fries Cole Slaw  <b>Adobo Pork Tenderloin</b> Roasted Squash Pepper Mix Mesquite Roasted Potatoes	<b>Steel Cut Oatmeal</b> Breakfast Muffin Sandwich Hashbrown Patty  <b>Lamb Gyro</b> Grilled Eggplant Onion Rings  <b>Beef Stronanoff</b> Roasted Cauliflower Buttered Egg Noodle	
24	25	26	27	28	29	30	
<b>Steel Cut Oatmeal</b> Bacon Assorted Eggs Breakfast Potatoes  <b>Braised Pot Roast</b> Glazed Baby Carrots Mashed Potatoes  <b>Ginger Citrus Chicken</b> Sesame Rice Garlic Ginger Snap Peas	<b>Cream Of Wheat</b> French Toast w/ Peach Compote Scrambled Eggs Cooked Sausage Patties  <b>BLT Sandwich</b> Baked Sweet Potato Wedges Crudite  <b>Spaghetti with Meat Sauce</b> Side Satad Garlic Bread	<b>Steel Cut Oatmeal</b> Ham & Cheese Omelet Baked Wedge Fries  <b>Beef Soft Taco</b> Refried Beans Aztec Vegetable Medley  <b>Chicken Marsala</b> Roasted Tomato Rice Pilaf Garlic Green Beans	<b>Grits</b> Sausage Gravy & Biscuit Assorted Eggs  <b>Deep Fried Chicken Strips</b> Crinkle Cut French Fries Vinaigrette Cole Slaw  <b>Baked Pork Chop</b> Apple Chutney Herb Roasted Potatoes Brussels Sprouts	<b>Steel Cut Oatmeal</b> Sausage Egg & Cheese Biscuit Hash Brown Patty  <b>Turkey Club</b> Potato Chip Marinated Vegetable Salad  <b>Chinese Chicken Salad</b> Fried Chickpeas	<b>Cream Of Wheat</b> Blueberry Pancakes Bacon Slices  <b>Italian Roasted Chicken Breast</b> Cheese Raviolis Italian Green Beans  <b>Herb Roasted Salmon</b> Mashed Sweet Potato Italian Mixed Vegetables	<b>Steel Cut Oatmeal</b> Farmers Egg Skillet  <b>Fried Shrimp</b> Onion Rings Capri Mixed Vegetables  <b>Salisbury Steak</b> Yukon Potatoes Succotash	