

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
Steel Cut Oatmeal Vegetable Omelet Hash Browns Bacon/Sausage  Reindeer Sausage Sandwich Capri Mixed Vegetables Chips & Pickle Spear  Meat Lasagna Caesar side salad Breadsticks	Cream of wheat French toast Breakfast Ham  Deu Sub Sandwich Side Salad Cup Chips & Pickle Spear  Roasted Turkey w/Gravy Homestyle Stuffing Vegetable Medley	Steel Cut Oatmeal Cheese Omelet Bacon/Sausage Hashbrown Patty  Beef Taco Black beans Mexican Vegetable  Turkey Tetrazzini Garlic Bread	Grits Assorted Eggs Bacon/Sausage  Meatball Sandwich Chips Mixed Vegetables  Tuna Noodle Cassarole Steamed Vegetables Dinner roll	Steel Cut Oatmeal Assorted Eggs Battered Waffles  Chicken Caesar Salad Pita Chips  Meatloaf w/Gravy Garlic Mashed Potatoes Peas and Carrots	Cream of wheat Assorted eggs Buttermilk Pancakes  Stopy Joe Potato salad Pickle spear  Citrus Glazed Salmon Au Gratin Potatoes Peas, Cauliflower & Carrots	Steel Cut Oatmeal Assorted Eggs Corned Beef Hash  French Dip Sandwich Maui Onion Rings Salad Cup  Brown Sugar Rubbed Porkloin Mashed Sweet Potato Broccoli Mix
6	7	8	9	10	11	12
Steel Cut Oatmeal Bacon, Egg & Cheese Sandwich Breakfast later lots  Manicotti with Red Sauce Caesar side salad Bread sticks  Chicken Gumbo Steamed white rice	Cream Of wheat Farmers Egg Skillet Bacon/Sausage  Roasted Chicken Breast Baked Potato Garlic Green Beans  Beef & Broccoli stir fry Steamed white rice Egg roll	Steel Cut Oatmeal French toast Breakfast Ham Steak  Chicken Enchilada Aztec Corn Cilantro Rice  Mushroom Swiss Burger Steak Fries	Grits Scrambled Eggs with Cheddar Corned Beef Hash  Not Your Mother's Grilled Cheese Tomato Basil Soup  Chicken Spinach Casserole Side salad Cup Garlic Bread	Steel Cut Oatmeal Baked Denver Omelet Bacon  Pepperoni Pizza Fresh Fruit Salad Garden Salad Cup  Beef Stew Dinner Roll	Cream Of wheat Buttermilk Pancakes Sausage Links  Breaded Baked Fish French Fries Cote Slaw  Adobo Pork Tenderloin Mesquite Roasted Potatoes Zucchini and Squash	Steel Cut Oatmeal Ham, Egg and Cheese on an English Muffin  Lamb Gyro Curly Fries Greek Side Salad  Beef Stroganoff Buttered Egg Noodles Roasted Cauliflower
13	14	15	16	17	18	19
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage Breakfast Potatoes  Braised Beef Pot Roast Mashed Potato Glazed Baby Carrots  Ginger Citrus Grilled Chicken Sesame Rice Sugar Snap Peas	Cream Of wheat French toast w/ Fruit Syrup  B.L.I Sandwich Sweet Potato Fries Fresh Fruit  Spagnetti with Meat Sauce Caesar Side Salad Garlic Bread	Steel Cut Oatmeal Ham & Cheese Omelet Baked Wedge Fries  Beef Soft Taco Refried Beans Aztec Vegetable Medley  Chicken Marsala Roasted Rice Pilaf Garlic Green Beans	Grits Assorted Eggs Sausage Gravy & Biscuit  Chicken Strips Crinkle Cut Fries Cote Slaw  Baked Pork Chop Herb Roasted Potatoes Brussie Sprouts	Steel Cut Oatmeal Breakfast Sandwich Hashbrown Patty  Turkey Club Chips Marinated vegetable Salad  Chinese Chicken Salad Egg Roll	Cream Of wheat Blueberry Pancakes Bacon/Sausage  Italian Roasted Chicken Breast Cheese Raviolis Italian Green Beans  Herb Roasted Salmon Mashed Sweet Potato Mixed Vegetables	Steel Cut Oatmeal Farmers Egg Skillet  Fried Shrimp Onion Rings Steamed Vegetables  Salisbury Steak Mashed Yukon Golds Succotash
20	21	22	23	24	25	26
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage Homefried Potatoes  Chicken Salad Croissant Chips Fresh Grapes  Country Fried Steak Mashed Potato/ Country gravy Peas	Cream Of wheat Breakfast Ham Steak Texas French toast  Swedish Meatballs Egg Noodles Green Beans  Apple Glazed Pork Tenderloin Onion Scalloped Potatoes Glazed Carrots	Steel Cut Oatmeal Waffles W/ Fruit Syrup Bacon  Taco Salad Chips and Salsa  Asian Chicken Stir Fry Fried Rice Egg roll	Grits Country Scramble Bacon/Sausage  Bacon Cheese Burger Steak Fries Salad Cup  Glazed Ham Wild Rice Sautéed Spinach	Steel Cut Oatmeal Denver Omelet Bacon/Sausage  Chicken Alfredo Broccoli Florets Garlic Bread  Shepherd's Pie Wax Beans	Cream Of wheat Buttermilk Pancakes Bacon/Sausage  Philly-Style Cheese steak Curly Fries Seasoned Vegetable Confetti  Shrimp Scampi Roasted Zucchini Garlic Bread	Steel Cut Oatmeal Bacon Breakfast Muffin Sandwich  Tuna Melt Pasta Salad Fresh Fruit  Chili Con Carne Cornbread
27	28	29	30	31	32	33
Steel Cut Oatmeal Assorted Eggs Bacon/Sausage  Chicken Gordon Bleu Sandwich Sweet Potato Fries  Cheese Raviolis w/Bolognese Italian mixed Vegetables Garlic Bread	Cream of wheat Sausage & Gravy Biscuit Bacon Assorted Eggs  Crispy Rockfish Baked Macaroni and Cheese Baby Carrots  Classic Patty Melt Potato Salad Cucumber Salad	Steel Cut Oatmeal Cheese Omelet Golden Hash Brown Patty Bacon/Sausage  Chicken Fajita Taco Black Beans Mexican Vegetables  Italian Casserole Steamed Vegetables Garlic Bread	Grits Country Scramble Bacon  Grilled Reuben Potato Chips Cote Slaw  Honey Ginger Chicken Steamed Rice Baby Carrots and Snap Peas			