



February 2020

SUN	MON	TUE	WED	THU	FRI	SAT
						
2 3:00pm Church 	3 10:00am Indoor walking 11:30am Stretching 12:30pm 2nd Floor activity 1:00pm Hand & Foot cards	4 12:30pm Upper body exercise 1:30pm Trivia 2:30pm 2nd Floor activity 3:30pm Bingo 5:00pm Visit with Val (Chihuahua)	5 10:00am Indoor Walking 11:00am Weight Training 12:00pm Valentines decorations 2:00pm Gail-Satin Hands 3:00pm Tea Party	6 11:00am Weight Training 1:30pm Person, Place or Thing discussion group 2:00pm Visit with Barrel 3:00pm MM Sing Along	7 11:00am Exercise 12:30pm Show, Share & Reminiscence discussion group 3:00pm Bingo	1 
9 3:00pm Church 	10 10:00am Indoor Walking 11:30am Stretching 12:30pm 2nd Floor Activity 1:00pm Hand & Foot Cards	11 10:00am Exercise 12:00pm Valentine Hearts Decoration 1:30pm Coloring 3:00pm Bingo	12 10:00am Indoor Walking 11:30am Weight Training 12:30pm Sponge Painting 2:00pm Movies/Popcorn	13 11:00am Exercise 12:30pm Art 1:00pm Bingo 2:00pm Visit with Barrel 3:00pm Close Enough Band BIRTHDAY PARTY	14 11:00am Valentine Luncheon 1:00pm Vegas Valentine Bash: Black Jack, Roulette, Slots, Bingo	15 
16 3:00pm Church 	17 10:00am Indoor Walking 11:30am Stretching 12:30pm 2nd Floor Activity 1:00pm Hand & Foot Cards	18 11:30am Exercise 12:30pm What's New in the News 2:30pm Resident Council Meeting 3:00pm Bingo 5:30pm Visit with Val (Chihuahua)	19 10:00 Indoor Walking 11:30am Stretching 1:30pm Brain Games 3:00pm Show, Share, and Reminiscence Discussion Group	20 10:30am Food Forum 11:30am Exercise 12:30pm Brain Games 2:00pm Visit with Barrel 3:00pm MM Sing Along	21 10:30am -12:30pm Country Store 2:00pm Coloring 3:00pm BINGO 6:00pm-7:30pm Stellar Secondary School Orchestra	22 
23 3:00pm Church 	24 10:00am Indoor Walking 11:30am Stretching 12:30pm 2nd Floor Activity 1:00pm Hand & Foot Cards	25 10:30am Exercise 11:30pm Puzzles & Card Games	26 10:00am Indoor Walking 11:30am Stretching 2:30pm 2nd Floor Activity 3:00pm BINGO	27 10:30am Stretching 11:00am Wii Bowling 12:30 Coloring 2:00pm Visit with Barrel 2:30pm MM Sing Along	28 11:00am Exercise 12:30pm Bear Corp home-school 2:00pm Cards & Puzzles 3:00pm BINGO 6:00pm Movies	29 